



Parent/Player  
Information Handbook

2009-10 Season

[www.ncelitevb.org](http://www.ncelitevb.org)



## NC Elite Volleyball Club - Overview

### Philosophy of NC Elite Volleyball Club

NC Elite coaches and administrators are committed to the process of preparing our student-athletes for a collegiate career (Club and/or Varsity level). We strive for excellence through fundamental and advanced level training. Our hope is that athletes who participate in the NC Elite Volleyball program will leave with a sense of accomplishment, pride and confidence to pursue their own volleyball aspirations.

NC Elite's approach to coaching is primarily focused on individual skill development, as we believe that this will ultimately translate into success for the team and a stronger self-image in each player. We strongly believe in the potential of each player, and it is the goal of the NC Elite coaches and administration to help realize that potential.

NC Elite's primary focus on individual development is part of a larger goal which is success as a team/ club. Every parent wants their daughter to be better than they were when they started the program. Additionally, every parent has certain performance standards for the team, and would like to see the team win games. With this in mind, NC Elite believes that it is the responsibility of the coaches, the parents and the players to make a concerted effort towards that goal.

### Absences

**Players are expected to attend all practices and tournaments.** However, it would be unreasonable to assume that no one would ever miss a practice or a tournament. There are illnesses, injuries, school events, and family commitments that can interrupt the ability of a player to attend scheduled in as advance via phone and e-mail (*Guideline: 24 hours advance notice for a missed practice and one month advance notice for a missed tournament*).

Homework, studying for tests and completing school projects should not be excuses for missing practices and/or tournaments. Each player needs to learn to manage their time wisely and work to uphold the commitment that he/she has made to their team and to the club. Unexcused absences may result in loss of playing time.

Three or more unexcused absences may result in dismissal from NC Elite Volleyball Club.

### Team Gear

Players are responsible for their gear and uniforms and should care for them appropriately. If a player loses any of their team gear that player/family may be financially responsible for replacing such gear.

### In the Event of Conflict

In the event of any conflict, big or small, the key to successful resolution is communication. Negativity is the biggest enemy of a team/club structure and will find its way to crack the strongest of foundations. Players and parents are encouraged to communicate at the first sign of potential misunderstanding. Players are encouraged to talk to the coach directly. If a parent has a conflict

with a coach at a team event, a cool down period of 24 hours may be enforced at the discretion of the coach.

The player should discuss concerns with their respective coach and try to arrive at a solution. None of the coaches should be considered unapproachable. They are all very willing to listen to a player's concern and will try to arrive at a mutual solution. Until the coach is made aware of the concern nothing at all can be done to alleviate it. Please do not discuss concerns at a tournament or during a practice. We encourage players/parents to **MAKE AN APPOINTMENT** to speak with the coach about their misunderstanding/concern.

## **Player Dismissal**

It is not the general practice of NC Elite Volleyball Club to exercise the right to dismissal of any player. A player accepted to the organization is accepted for the entire season and every effort will be made to ensure the positive experience for all players and parent members involved. Player dismissal is a right reserved by the organization for use as a last resort when all other resources of conflict resolution have been exhausted.

There are withstanding rules of NC Elite Volleyball Club that may lead to the immediate dismissal of a player. Any player dismissed by authority of the Board of Directors through the infraction of the stated organization rules will still be held liable for any and all outstanding registration fees and club dues as outlined at the beginning of the season and will not be entitled to a refund of any such fees paid to the organization.

The stated rules applicable to all players participating on an NC Elite Volleyball Club team that upon infraction may lead to immediate dismissal are as follows:

1. Use of alcohol, tobacco, or drugs (other than those appropriately prescribed under the direction of the player's physician) by any player is prohibited at all times.
2. Any form of abuse verbal, physical, or otherwise will not be tolerated from any player, parent member, coach, or any other associate of the organization.
3. Players, parents, members, and associates must present themselves as positive ambassadors of NC Elite Volleyball Club at all times.
4. Three or more unexcused absences may result in dismissal from NC Elite Volleyball Club.

## **Cost and Payment Schedule**

It is the responsibility of the parent/ guardian to insure that all payments are made on time.

**All players/families will be required to have a credit card authorization form**  
(<http://ncelitevb.org/NC%20ELite%20Forms.htm> ) **on file with the club.**

**National team** club costs are about **\$3,000- \$5,000** for the entire season . Specific team costs TBA.

**Regional Plus team** club costs are about **\$2000 -\$2500** for the entire season . Specific team costs TBA.

### **Monthly Payment Schedule:**

November 16, December 15, January 15, February 15, March 15, April 15, May 15 and June 15 (5-7 payments).

**\*\*Dues will not be refunded and/or prorated for players who cannot attend one or more tournaments.**

# NC Elite Tryouts

Pre-Registration Tryout Fee: \$35 / player. Walk up Tryout Fee \$40/ player (One-time fee for all tryout dates)

## NC Elite Main Tryout Times & Locations (Updated 8/21/09)

Group	Date	Time	Location
13's	Oct. 24, Saturday	4pm-6pm/ Registration begins at 3pm	<a href="#">Hoop City U</a>
14's	Oct. 24, Saturday	4pm-6pm/ Registration begins at 3pm	<a href="#">Hoop City U</a>
15's	Oct. 24, Saturday	4pm-6pm/ Registration begins at 3pm	<a href="#">Hoop City U</a>
16's	Nov. 8th, Sunday	6pm 8pm/ Registration begins at 5pm	<a href="#">Hoop City U</a>
17's	Nov. 8th, Sunday	6pm 8pm/ Registration begins at 5pm	<a href="#">Hoop City U</a>
18's	Nov. 8th, Sunday	6pm 8pm/ Registration begins at 5pm	<a href="#">Hoop City U</a>

Secondary Tryout dates, times and locations will be posted online at : [www.ncelitevb.org](http://www.ncelitevb.org)

Parent Information Meetings will begin shortly after the start of Tryouts.

If you cannot attend any portion of the try-outs and would still like to be considered for a team please contact Gary DeJames ([admin@ncelitevb.org](mailto:admin@ncelitevb.org)) to set up an alternate tryout date/ time. Alternate/Make-up times by appointment only.

- **18 and Under Division:** Players who were born on or after September 1, 1991 or Players who were born on or after September 1, 1990 and are a high school student during some part of the current academic year
  - **17 and Under Division:** Players who were born on or after September 1, 1992
  - **16 and Under Division:** Players who were born on or after September 1, 1993
  - **15 and Under Division:** Players who were born on or after September 1, 1994
  - **14 and Under Division:** Players who were born on or after September 1, 1995
  - **13 and Under Division:** Players who were born on or after September 1, 1996
  - **12 and Under Division:** Players who were born on or after September 1, 1997

To determine your age group from the chart, find the month and year in which you were born.

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
1991									18	18	18	18
1992	18	18	18	18	18	18	18	18	17	17	17	17
1993	17	17	17	17	17	17	17	17	16	16	16	16
1994	16	16	16	16	16	16	16	16	15	15	15	15
1995	15	15	15	15	15	15	15	15	14	14	14	14
1996	14	14	14	14	14	14	14	14	13	13	13	13
1997	13	13	13	13	13	13	13	13	12	12	12	12
1998	12	12	12	12	12	12	12	12	12	12	12	12

Players will be evaluated/ selected by a panel of coaches and tryout hosts. Selection will be based on a variety of factors including: athleticism, attitude, overall volleyball skill as well as position specific skill. Coaches may notify athlete/family in person/ by phone/ by e-mail of the team(s) that they are being considered for. Secondary tryouts will be used bring back players in a smaller setting to help our coaches narrow down their selections.

All student-athletes will be contacted within 72 hours of a final tryout session to inform them of their tryout status with the NC Elite Volleyball Club.

Parents/ Players Please Review (Handouts available at: [www.carolinaregionvb.org](http://www.carolinaregionvb.org))  
[Carolina Region/ USAV Tryout Guidelines](#) [Carolina Region Athlete and Club Bill of Rights for Tryouts](#)  
[Carolina Region Letter of Commitment](#)

## 2009-10 NC Elite Team Descriptions and Payment Schedule

NC Elite budgets based on 10 players /team

TEAM	16-Nov	15-Dec	15-Jan	15-Feb	15-Mar	15-Apr	15-May	Total
13-1 (Reg Plus MCC & NEQ)	\$550	\$475	\$475	\$475	\$475			\$2,450
14-2 (Reg Plus MCC & NEQ)	\$550	\$475	\$475	\$475	\$475			\$2,450
15-2 (Reg Plus MCC & NEQ)	\$550	\$475	\$475	\$475	\$475			\$2,450
16-2 National (w/ AAU)	\$750	\$620	\$620	\$620	\$620	\$620		\$3,950
18-2 National (w/ AAU)	\$750	\$620	\$620	\$620	\$620	\$620		\$3,950
14-1 National (Full w/ JO or AAU)	\$850	\$667	\$667	\$667	\$667	\$667	\$655	\$4,850
15-1 National (Full w/ JO or AAU)	\$850	\$667	\$667	\$667	\$667	\$667	\$655	\$4,850
16-1 National (Full w/ JO or AAU)	\$925	\$675	\$675	\$675	\$675	\$675	\$675	\$4,975
17-1 National (Full w/ JO or AAU)	\$925	\$675	\$675	\$675	\$675	\$675	\$675	\$4,975
18-1 National (Full w/ JO or AAU)	\$925	\$675	\$675	\$675	\$675	\$675	\$675	\$4,975

13 Regional Plus (MCC & NEQ) **8 total events** ( 1 –Quest, 4 CR events, 1 CR Championships, 1 Qualifier NEQ & 1 MCC)

14 Regional Plus (MCC & NEQ) **8 total events** (1 –Quest, 4 CR events, 1 CR Championships, 1 Qualifier NEQ & 1 MCC)

15 Regional Plus (MCC & NEQ) **8 total events** ( 1 –Quest, 4 CR events, 1 CR Championships, 1 Qualifier NEQ & 1 MCC)

16-2 National **10 total events** (1-AAU , 1- Qualifier (Big South) , 1- MCC, 1-MAPL, 1-Quest, 4-CR events, 1 Champ)

18-2 National **10 total events** (1-AAU , 1- Qualifier (Big South) , 1- MCC, 1-MAPL, 1-Quest, 4-CR events, 1 Champ)

14-1 National **12 total events** (1-JO or AAU, 2- Qualifiers (NEQ and Big South) 1- MCC, 2-MAPL, 1-Quest, 3-CR events, 1 CR Championships, 1- CR Bid )

15-1 National **12 total events** (1-JO or AAU, 2- Qualifiers (NEQ and Big South) 1- MCC, 2-MAPL, 1-Quest, 3-CR events, 1 CR Championships, 1- CR Bid )

16 -1 National **12 total events** (1-JO or AAU, 2- Qualifiers (Big South & Lonestar) 1- MCC, 2-MAPL, 1-Quest, 3-CR events, 1 CR Championships, 1- CR Bid )

17 -1 National **12 total events** ((1-JO or AAU, 2- Qualifiers (Big South & Lonestar) 1- MCC, 2-MAPL, 1-Quest, 3-CR events, 1 CR Championships, 1- CR Bid )

18 -1 National **12 total events** ((1-JO or AAU, 2- Qualifiers (Big South& Lonestar) 1- MCC, 2-MAPL, 1-Quest, 3-CR events, 1 CR Championships, 1- CR Bid )

**The National (-1 & -2 Travel) Program.....** Designed for the athlete committed to playing volleyball in college and who is willing to make sacrifices for her progress, her team, and her sport. These teams will travel out of state and take on the best competition our country has to offer. These players have the athleticism and skill to match up against the very best prospects. NC Elite administrators and coaches are committed to helping players and parents successfully navigate the entire college recruiting process.

Typical dues for a player on a **National level travel team** (-1 and -2 teams) can range from **\$3,500 - \$5,000** per player which covers **EVERYTHING** including club dues, uniform fees, hotel stays and airfare for select events (Lonestar and JO/AAU) for the whole season. (Player transportation to all driving events and player food costs at tournaments are the only items not included in club fees ).

**The Regional Plus Program (Mostly NC, 1-VA and 1-MD) .....** Designed for the intermediate volleyball player (15 and Under) seeking experience and development of her fundamentals while still gaining valuable exposure at select out of region events (MCC and NEQ). The Student –Athlete is serious about competing in high school and may be open to playing in college later on. These levels are appropriate for a multi-sport athlete who is unable to commit to a more extensive practice and travel schedule or who is unable or unwilling to make a larger financial commitment. Typical dues for a **Regional Plus level team** can range between **\$2000 - \$2500** per player for the season.



## NC Elite Budgets and Payment Policy

All NC Elite program details and team fee schedules can be found on our website:

<http://ncelitevb.org/Payment%20Center.htm>

Payments may be made by Check, Money Order or with CC via Paypal (online payment center).  
Parents paying by check please make checks payable to: **NC Elite Volleyball Club.**

### **Mailing Address:**

NC Elite Volleyball Club  
Attn: Gary De James  
5317 North Hills Drive  
Raleigh, NC 27612

**It is the responsibility of the parent/ guardian to insure that all payments are made on time. If payments are not made on time, or a past due balance exists, then an individual player may be held from practices and/or tournaments until the player's account is current.**

NC Elite utilizes all of its revenues to support the volleyball program. Revenues are generated primarily from Player Fees. Most of our travel costs are incurred early in the season in an effort to purchase less expensive advance fares. As a result, timely payment of player fees is critical to meeting our financial obligations without creating extra charges for everyone.

In order to keep NC Elite Volleyball Fees to a minimum, it is imperative that we keep a **Credit Card authorization form** on file for each athlete/family. We will only use this credit authorization

- (a) In the event that a payment has not been received 10 days following of a payment due date.
- (b) If instructed to do so by you the cardholder for reserving hotel rooms for parents/families at team travel events. **Hotel travel request form** (Forms: <http://ncelitevb.org/NC%20ELite%20Forms.htm> )

**\*\*Remember that each athlete/parent is responsible for payment whether they complete the season or not. Any partial payments and/or special payment plans must be approved by the appropriate NC Elite officers. Anytime NC Elite Volleyball Club processes a credit card for a late payment, a transaction fee of 5% will be added in order to cover credit processing fees.**



## NC Elite Team Travel Policy

The following travel policies are for informative purposes and will hopefully answer all questions and/or concerns about the club's trips to participate at "in region" and "out of region" tournaments. It is not intended to be a complete list and for the safety of our players, circumstances for any travel may require additional restrictions.

Everyone wants to have an enjoyable trip and in efforts to do this, everyone must adhere to some very basic policies. Both parents and players should review the policies to ensure that they have a complete understanding of the expectations that come with traveling as a member of NC Elite Volleyball Club.

NC Elite Volleyball Club and its staff take the responsibility of traveling with a group of young ladies extremely seriously. We have a zero tolerance policy for all players who violate any rule or code of conduct throughout the duration of the trip! From the moment a player arrives at the point of team assembly (usually the tournament venue for in-Region and the airport for Out-of-Region tournaments), to the moment team travel is complete, each player will be under the supervision of NC Elite Volleyball Club staff and team chaperones.

**Players and parents need to understand that the overall purpose of each trip is to participate in a volleyball tournament. Team social activities, while not discouraged, will come second to tournament requirements.** Coaches/Chaperones will ensure that players have the opportunity to receive at least eight hours of sleep per night and eat three meals a day. Any social plans will be made around each team's playing schedule, sleeping and eating requirements.

### Overnight Stays

- Out-of-Region Only: Players will stay in hotel rooms with their teammates (3-4players/room) for Out-of-Region travel.

### Players must act in a first class manner.

The following expectations are those that NC Elite Volleyball Club has for all players when traveling with a NC Elite team. The Club and its staff are working hard to maintain a first class reputation; therefore, expectations for players are high. Those who fail to meet them will be subject to consequences that, depending on the severity of the infraction, may range from reprimand, to loss of playing time, to expulsion from the team.

1. Players will act in an appropriate manner at all times. This includes volume of voices, choice of words, course of actions, choice of dress, respect to property (e.g., hotel and airline items), etc.
2. Each player is expected to treat all other players, teammates, coaches, referees, and fans with courtesy and respect.
3. At any tournament, all players are under the supervision of the NC Elite coaches, chaperones, and club representatives from the designated point of assembly. Even if a player's parents attend the tournament, players are expected to adhere to club & team rules.
4. Players must be on time for all team commitments.

5. Each player will keep their coach, chaperone, or team representative informed of their presence at all times. This rule applies for all local, regional and out-of-region tournaments.
  - o At tournaments, players may be dismissed from team functions (playing site areas, hotel, team dinners, etc.) only if their coach permits it, their parent is present and they ask permission from coach and/or chaperone beforehand.
  - o If they receive permission to be dismissed from a team function Player/parent must inform coach and/or chaperone where they will be and their approximate return time.
6. Curfew will be set on a nightly basis depending on the team's playing schedule.
7. Players will not disturb other hotel guests/airline passengers or hotel/airline staff.
8. At the airport (waiting at gate, walking around or at the baggage claim), players must always be in groups of three (3) or more.
9. Within the hotel, players must always be in groups of two (2) or more.
10. Outside of the hotel, players must have an adult NC Elite staff member (coach, parent, or chaperone) accompany them. **NO Player** (even if they are 18 years old) is allowed to leave the hotel property without an adult with them.
11. Players are not allowed in hotel rooms occupied by Non-NC Elite members or persons of the opposite sex. Non-NC Elite members are not allowed in players' hotel rooms. NC Elite parents are considered members.
12. Players should never give any stranger the name of the hotel the team is staying at or the room number of any NC Elite player, even someone who identifies himself/herself as a college coach.
13. While in the hotel rooms, players must not leave doors open or prop doors open with latches or other items
14. NC Elite, and USAV's Alcohol, Drug, and Tobacco Policy will be strictly enforced.
15. Any additional costs incurred while traveling will be charged to the player's account. This includes the replacement costs of misused or stolen hotel items
16. When riding/driving in team vehicles, all players **MUST** buckle their seat-belts. This rule also applies to any player riding/carpooling with other families/adults.
17. Teams will clean up their areas prior to leaving any tournament site.

Any NC Elite Staff Member, Coach or Chaperone is authorized to reprimand or discipline any player found to be in violation of these policies. ***Severe or flagrant violations of the travel policies may result in the player being sent home immediately at the parent's expense.***

Players must remember that they are not only representing their team, but also NC Elite Volleyball Club, their school, city and state. We want to be able to return to these tournaments, hotels and fly the airlines for future tournaments, so please think and act responsibly.



## HOTEL ARRANGEMENTS

**NC Elite teams traveling to out of town tournaments that require an overnight stay will have their rooms booked by NC Elite and players can anticipate staying in team rooms (3-4 players/ room). Tournament and Hotel travel itineraries will be sent out to all the players / parents prior to each event.**

Parents wishing to have the NC Elite reserve hotel rooms for them at the same hotels with the same rates as the club will be asked to complete a **hotel travel request form** and have a valid **Credit Card authorization form** on file with the club. Hotels offering group rates often require contracts and have very specific deadlines and if they are not followed, we run the risk of losing all rooms. So, it is important to be considerate of those deadlines and plan accordingly. If the parents elect to stay at a different hotel, or with family or friends, it is their responsibility to make sure their daughter checks in at the team/club host hotel. NC Elite coaches will work with the parent reps/chaperones of each team to ensure we have compliance of the all club travel policies.

Each overnight tournament will have a designated Team Chaperone. Parent volunteers will be used to Chaperone. The Team Chaperone will work with the Coach in arranging details related to any/all overnight tournaments. Females are preferred as chaperones, to facilitate engagement with the all players. Every effort should be made to spread this responsibility around, so parents should only chaperone one overnight trip.

**Players are responsible for bringing funds for purchases of food and other personal items.**

Communication is the key prior to leaving and while at the tournament.

Prior to leaving for the overnight tournament, NC Elite will gather as much information as we can related to the event/ trip and send it out via email to everyone in the form of a **Tournament Itinerary**.

Telephone lists for each team will be provided Parents and Players at the beginning of the season. We ask that everyone print out a copy and bring the Team Directory and carry it with them to the tournaments. It will have everyone's cell phone number on it, including the coaches.

**NC ELITE**  
**VOLLEYBALL**  
**PLAYER INFORMATION SHEET**

Athlete's Name: \_\_\_\_\_  
Birth Date: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_\_\_ Grade: \_\_\_\_\_ Actual Age Division: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ Zip: \_\_\_\_\_  
Home Phone: (\_\_\_\_\_) \_\_\_\_\_ Mobile: (\_\_\_\_\_) \_\_\_\_\_  
Athlete's Email: \_\_\_\_\_  
HS Team: \_\_\_\_\_ Position \_\_\_\_\_ Years Played \_\_\_\_\_ Handed L / R

*This will be competed following tryouts*

Height: \_\_\_\_\_ Standing Reach: \_\_\_\_\_ Jump Touch: \_\_\_\_\_

**Mother's Information:**

Mother's Name: \_\_\_\_\_  
Mother's Occupation: \_\_\_\_\_  
Mother's Work Phone: \_\_\_\_\_  
Mother's Cell Phone: \_\_\_\_\_  
Mother's Email: \_\_\_\_\_

**Include in group email lists? YES NO**

**Father's Information:**

Father's Name: \_\_\_\_\_  
Father's Occupation: \_\_\_\_\_  
Father's Work Phone: \_\_\_\_\_  
Father's Cell Phone: \_\_\_\_\_  
Father's Email: \_\_\_\_\_

**Include in group email lists? YES NO**

With whom does the athlete reside: **Mother / Father / Both**

The party that is responsible for payment: **Mother / Father / Both**

*Physical Address and E-mail Address to mail statements/invoices:*

Physical Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

E-Mail : \_\_\_\_\_



WAIVER AND RELEASE OF LIABILITY FORM
USA VOLLEYBALL - NC Elite Volleyball Club

NOTE: This form must be read and signed before the participant is allowed to take part in any training, competition, meeting, or testing sessions. By signing this form, the participant affirms having read it.

Participant's Name: (Please Print) \_\_\_\_\_

Sponsoring Organizations: USA Volleyball, NC Elite Volleyball Club, its coaches and administrators, Meredith College, Wake County Board of Education, Athens Drive High School, Saint Mary's School, Saint Timothy's School, Ravenscroft School and Hoop City U. In consideration of my involvement under the auspices of this sponsoring organization, I acknowledge and agree that:

- 1) I risk bodily injury, including paralysis, dismemberment, and death, as well as loss of or damage to property;
2) I knowingly and freely assume all such risk; and
3) I for myself, and on behalf of my heirs, assigns and next of kin, hereby release, hold harmless and promise not to sue USA Volleyball and its Regional Volleyball Associations, NC Elite Volleyball Club, its coaches and administrators, Meredith College, Wake County Board of Education, Athens Drive High School, Saint Mary's School, St. Timothy's School, Ravenscroft School and Hoop City U and their officers, official agents and/or employees, with respect to any and all such injury, paralysis, dismemberment, death, and/or loss of or damage to property except that which is the result of gross negligence and/or willful or wanton misconduct.

I have read the above Waiver and Release, understand that I have given up substantial rights by signing it and sign it voluntarily.

Participant's Signature Date Signed

FOR ATHLETES OF MINORITY AGE (under age 18 at time of registration)

This is to certify that I, as parent/guardian of this participant, do consent to his/her release of USA Volleyball, NC Elite Volleyball Club, its coaches and administrators, Meredith College, Wake County Board of Education, Athens Drive High School, Saint Mary's School, Saint Timothy's School, Ravenscroft School and Hoop City U from any and all liabilities incident to his/her involvement in the programs conducted by USA Volleyball and its Regional Volleyball Associations. We have read the above Waiver and Release, understand that we have given up substantial rights by signing it and sign it voluntarily.

Participant's Signature Date Signed

Parent/ Guardian Name Relationship (Please Print)

Parent/ Guardian Signature



## NC ELITE VOLLEYBALL CLUB PARTICIPATION AGREEMENT 2009-10

1. I (We) agree to become members of NC Elite VBC for the entire 2008-2009 season and permit \_\_\_\_\_ to be a player member.
2. I (We), as the parent(s)/guardian(s) of our daughter, have read the entire handbook and other information concerning the policies and practices of NC Elite VBC and agree to abide by the rules established therein.
3. I (We) understand I (we) are responsible for transportation our child to all practices and tournaments for the duration of the season, and that coaches are not allowed to transport players unless they are also a parent and their daughter is present.
4. I (We) understand that parents must provide chaperones for all multi-day tournaments. We will share in that responsibility, as needed.
5. I (We) understand the time commitment involved in practice and competition, as listed on practice and tournament schedules. We understand that there will be no refunds or fee reductions due to inability to attend tournaments.
6. I (We) agree to abide by the Parent and Player Codes of Conduct.
7. I (We) accept that failure to abide by this code of conduct will result in disciplinary action and could result in dismissal from the Club.
8. I (We) understand that should our player quit or be discharged from the Club for violations of this Code or other reasons, I (We) will forfeit all monies previously paid, and all remaining monies due (the balance of the annual membership fee) shall become payable immediately.
9. I (We) have reviewed the fee schedule of this agreement and understand that the individual must pay all fees in full in accordance with the fee schedule, regardless of the duration of participation, since acceptance of a position on a team precludes NC Elite from providing opportunities to other players. Full payment will be expected upon termination for any reason.
10. I (We) recognize that a large portion of player fees are based on travel costs and that those costs can only be estimated at the beginning of the year. Should travel costs increase, I (we) agree to pay those additional costs within 30 days of notification by the Club
11. I (We) understand that a late fee will be charged for late payments and that if we are more than 30 days overdue, our daughter will not be allowed to participate in any club activities, to include practices and tournaments.
12. I (We) agree to allow NC Elite to use my player's image and profile information for marketing purposes, to include posting on club website and club recruiting and marketing material. We understand that NC Elite will not share personal information beyond that included in Player Profiles outside the Club without prior permission.
13. I (We) agree to indemnify, defend and hold NC Elite Volleyball Club, it's Coaches, Staff, Players and other Representatives harmless from all claims (Including claims based upon the alleged negligence of NC Elite, it's coaches, staff, players and other representatives) , liabilities, suits, losses and damages and expenses (including court costs) arising out of this agreement.

**Parent/Guardian Name(s):** \_\_\_\_\_

**Parent Signature(s):** \_\_\_\_\_ **Date:** \_\_\_\_\_

\_\_\_\_\_ **Date:** \_\_\_\_\_

**Player Name:** \_\_\_\_\_

**Player Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_



## NC ELITE PARENT CODE OF CONDUCT

As the parent(s)/guardian(s) of a member of the NC Elite Volleyball Club, we will conduct ourselves in a manner that will support the players and the Club.

1. I (we) understand that our child has paid to learn the skills and concepts of volleyball in an effective and respectful environment. The Coaching Staff will provide every player with a role on the team and ensure that every player plays in every tournament if they have met their obligations to the team and the club, although this does not mean that each player will play in every match or play the same amount of time. Playing time will be provided in accordance with specific team playing time policies.
2. I (we) realize that our attendance and positive participation is an important aspect of our player's and the team's experience and will make an effort to participate
3. I (we) will set a positive example of personal conduct by treating other players, parents, coaches, and officials with respect. In particular I/we will:
  4. Cheer good play and avoid criticizing mistakes.
  5. Be patient and supportive when players, coaches, or officials make errors.
  6. Respect requests made by a NC Elite Staff Member (including other parent members) to discontinue behavior deemed unacceptable.
  7. Depart the event if requested to do so by a NC Elite Staff Member.
  8. Avoid making contact with players during a competition. If I (we) need to communicate with, give something to, or otherwise directly contact a player, I (we) will request contact through a coach.
9. I (We) will be responsible for paying monies due on the specified dates as outlined in the Schedule of Fees.
10. I agree to abide by decisions made by NC Elite Staff and to resolve any disputes with those decisions through appeal to the NC Elite Board
11. If I (we) have a concern or question about our daughter's status with regard to her team, I (we) will follow the process of discussion described below in order to understand the situation:
12. Together with our daughter, we will request a meeting with the Head Coach before or after a practice. No discussion will take place during practice times or on days of competition.
13. If concerns still exist, either party may request intervention by the NC Elite Director. If the issue still remains unresolved, the NC Elite Board will intervene to provide final resolution.
14. If I (we) remove our daughter from a competition site during competition without previous permission from the Head Coach, NC Elite VBC will consider her to have resigned from the Club.
15. I/We will be responsible for providing transportation to and from any club functions.
16. I/We understand that coaches will not be permitted to transport players to and from any function, except in emergencies.
17. I/We will be responsible for our player's and guests' conduct.
18. I (we) will avoid use of alcohol in presence of players and limit use of tobacco products to designated smoking areas.
19. I (we) will refrain from using profanity at Club activities.

Parent Name(s): \_\_\_\_\_

Parent Signature(s): \_\_\_\_\_

Date: \_\_\_\_\_



## NC ELITE PLAYER CODE OF CONDUCT

I will do my best to act at all times in a manner that brings credit to me, my family, my team and NC Elite. In particular:

1. I will refrain from using tobacco products, alcohol, or illegal drugs at any time. I understand that NC Elite Volleyball Club maintains a no tolerance policy for student-athletes and that the use of alcohol, tobacco, or drugs is grounds for immediate dismissal from the club.
2. I will appreciate the hard work of the coaches and my parents in providing me the opportunity to be the best player and person that I can be.
3. I will dedicate myself to this group and give my best efforts towards reaching my personal and team goals as I expect they will do for me.
4. I will respect my teammates and will refrain from criticizing them on the court or off. I will remain positive. I will not speak of my teammates, coach's, or organization in a derogatory manner. If I have concerns or problems I will speak with my parents, coach(es), and/or advocates to find a resolution.
5. I understand that playing time is earned, not guaranteed.. All players will be given equal opportunity and instruction to earn their position, but it is up to me to put forth the effort. I understand that I must earn my position and time on the court by showing the will to compete, the desire to support my teammates on the floor, and the heart to do whatever it takes to give everything I have to the match.
6. I will do my best to be present at all team functions (practices, tournaments, overnight trips, meetings, special events, etc.) unless I receive prior permission from my Head Coach. I recognize that failure to meet my obligations to the team could result in reductions in playing time.
7. I realize in the event I must miss a practice, tournament, or team event, the coach must be notified IN ADVANCE by both E-mail **and** Phone (24 hours advance notice for a practice and one month advance notice for a tournament)
8. During tournaments and overnight trips I will:
  - a. Respect and follow the rules, regulations, and curfews established by the Coaches and/or Chaperones at all times.
  - b. Arrive on time. I will notify the Head Coach and Chaperone immediately once I realize travel conditions may cause me to be late. If I arrive late without prior notification, my play will be limited to exceptional substitutions due to injury during the first match for which I am present.
  - c. Remain with at least one of my teammates or my parents at all times.
  - d. If I am riding with another NC Elite member and her parents, I will present written permission from my parents to my Head Coach prior to the tournament date.
  - e. Abide by all rules established by NC Elite Staff and Chaperones.
  - f. Act respectfully towards other teams, players, coaches and officials.
  - g. Not leave a tournament site or practice without previous permission from my Head Coach.
  - h. Accept that unsportsmanlike conduct may be grounds for suspension, dismissal and/or removal from a game, match, or tournament.

Player Name: \_\_\_\_\_ Date: \_\_\_\_\_

Player Signature: \_\_\_\_\_



## NC ELITE COACH CODE OF CONDUCT

I pledge to maintain practices that protect the players and the club; I will:

1. Continue personal and professional growth, remaining current on new developments in the field through continuing education, coaching clinics/workshops.
2. Use my knowledge for the benefit of the people I serve.
3. Always strive to be truthful and put colleagues or other professionals in a positive light.
4. Avoid discrimination in all of its forms.
5. I pledge to maintain relationships with athletes on a professional basis; I will:
  - a. Conduct all my relationships from a perspective of dignity and sound educational and scientific foundation to:
  - b. Direct comments or criticism relative to the performance, not the athlete.
  - c. Ensure that all activities are suitable for the age, experience and ability of the athletes.
  - d. Educate athletes as to their responsibilities in contributing to a safe environment, and to do my best to ensure that all facilities and equipment meet safety standards and ensure that they are age/ability appropriate.
  - e. Consider the athlete's future health and well being as foremost when making decisions regarding an injured athlete's ability to continue competing or training, and seek professional medical opinions to serve as a basis for my decisions.
  - f. Be aware of academic responsibilities; conduct practices and match schedules in a manner so as not to unduly interfere with academic success.
  - g. Never encourage, condone, or require any behavior that threatens an athlete's high school, USA Volleyball, collegiate eligibility or amateur status.
  - h. Comply with regulations and ethical guidelines for recruiting practices as defined by governing sport organizations .
  - i. Strive to develop individual and team respect for the ability of opponents.
  - j. Prioritize being present at all practices and competitions and, when unable to, assure knowledgeable and safe supervision.
6. Work with and strive to develop every member of the team.
7. Recognize the trust placed in, and the unique power of, the coach and athlete relationship. I will not exploit the dependency of athletes and will avoid dual relationships (e.g., business or close personal relationships) which could impair my professional judgment, compromise the integrity of the process and/or take advantage of the relationship for my own gain. I will not socialize with players outside the parameters of the club in any way that could jeopardize appropriate coach-athlete relations.
8. While serving in a professional capacity or as a role model, avoid any drug, tobacco or alcohol use while in the presence of athletes. I will discourage by way of education any consumption of these substances by minors and will remain at all times within the limits of the law with regard to legal substances. I will avoid illegal ones entirely. I will not engage with athletes if I have been drinking.

9. Not engage in physical, verbal or emotional harassment, abusive words or actions, or exploitative coercion of current or former athletes. I will report any suspected cases of abuse to the appropriate authorities immediately.
10. Recognize that all forms of sexual abuse, assault or harassment with athletes are illegal and unethical, even when an athlete invites or consents to such behavior or involvement. Sexual abuse and harassment is defined as, but not limited to, repeated comments, gestures or physical contacts of a sexual nature. I will report all suspected cases of sexual assault or abuse to law enforcement as required by law.
11. Refrain from transporting players unless in a team vehicle at an away tournament, or in an emergency situation.
12. I will respect the integrity and protect the welfare of all persons with whom I work and pledge to safeguard information about them that has been learned or obtained during the coaching relationship, including performance reviews and all personal confidences. Further, I will obtain permission from athletes before sharing videotape recordings or other personal data about them with anyone except the NC Elite VBC staff. The only exception to this will be that I will not use these standards of confidentiality to avoid intervention when it is necessary (e.g., when there is evidence of physical or psychological abuse of minors, or legal issues).

Coach Name: \_\_\_\_\_

Coach Signature: \_\_\_\_\_

Date: \_\_\_\_\_