

OPEN GYM DATES

No pre-registration but waiver is required and can be found on the forms page of our website. **Cost: FREE.**

Attend 2012 NC Elite Open Gym Sessions to begin designing your volleyball future.

Will be posted on our website at www.ncelitevb.org and will be offered for beginner/middle school/JV and Varsity Level Athletes. Open gyms will begin mid-September.

Please visit www.ncelitevb.org under the NC Elite Forms tab to print the NC Elite Waiver prior to participation in any of the above referenced clinics.

TRYOUT DATES

Tryouts will be held beginning in late October (11-14s) and early November (15-18s). Please check website for dates and times which will be announced in the coming weeks.

NC Elite Volleyball Club was founded by experienced volleyball coaches, with the ultimate goal of creating a competitive, fun and positive learning environment for all participants.

MISSION STATEMENT

NC Elite coaches and administrators are committed to the process of preparing our student-athletes for college. We strive for excellence through advanced level physical training and education of the sport. Our hope is that athletes who participate in the NC Elite Volleyball program will leave with a sense of accomplishment, pride and confidence to pursue their own volleyball aspirations.

NC Elite's goal is to provide more young athletes with affordable opportunities to enjoy and grow in the sport of volleyball. We will offer National, Regional Plus, Regional Only and Developmental level teams for a variety of ages (11-18's). It is our goal to improve the overall experience and the level of volleyball instruction in the Triangle area.

What is club volleyball? USA Junior Olympic (JO) Volleyball or Club Volleyball offers athletes the opportunity to play volleyball after their high school season. Club Volleyball is an avenue for girls 10 (or even younger) to 18 to play in competitive tournaments and get advanced training. Most JO Club seasons run from November or December until April. A few clubs continue training with their top teams until the National Championships, held in June. Club volleyball provides additional training, knowledge, and tournament play.

Why Play Junior Olympic Volleyball? Junior Olympic (JO) volleyball programs have exploded all across the country. Only 19 years ago, the first National tournament was held, and only 20 teams made the trip. Today, in contrast, the National Tournament held in 2000 hosted 576 teams, was played on over 40 courts, and lasted 10 days. So successful are JO programs that most college coaches recruit exclusively from the JO program ranks. The fact is that if you plan to play in college, club is a MUST! We find that most girls have several goals. Some players want to learn more about the sport, improve their skill level, and get playing time in tournaments. For others, it's simply to extend their high school season by 6 months. For others, it may be to challenge starters on their school team for playing time next season. For a few, it will be the exposure needed to compete for future college scholarship opportunities. Today you will find that literally all athletes who play in college participated in club volleyball during high school.

How long is the club season? The typical USAV season for National level teams lasts from Nov to July. However, most regional and regional plus level teams will conclude their seasons in April.



NC ELITE HAS SOMETHING FOR MOST EVERYONE

Because everyone has a different level of commitment from both a time and financial standpoint, we offer several experiences.

The National (Travel) Program - Designed for the athlete committed to playing volleyball in college and who is willing to make sacrifices for her progress, her team, and her sport. These teams will travel out of state and take on the best competition our country has to offer. These players have the athleticism and skill to match up against the very best prospects. NC Elite administrators and coaches are committed to helping players and parents successfully navigate the entire college recruiting process.

Typical dues for a player on a National level travel team (-1 and -2 teams) can range from \$3,800 - \$5,500 per player which covers EVERYTHING including club dues, uniform fees, hotel stays for the entire season. (Player transportation to all events and player food costs at tournaments are the only items not included in club fees).

Regional Plus Program (Mostly NC, 1-VA and 1-MD) - Designed for the intermediate volleyball player or the multi-sport athlete seeking experience and development of her fundamentals while still gaining valuable exposure as select out of region events. She is very serious about competing in high school and may be open to playing in college later on. These levels are appropriate for a multi-sport athlete who is unable to commit to a more extensive practice and travel schedule or who is unable or unwilling to make a larger financial commitment.

Typical dues for a Regional Plus level team can range between \$2,200 - \$2,700 per player for the season.

Regional Only Program (ONLY NC) - Designed for the beginner or recreational volleyball player seeking experience and development of her fundamentals at in region events. She is serious about improving her game to compete for a position in middle/ high school. These levels are appropriate for the beginner or recreational player who is unable to commit to a more extensive practice schedule or who is unable or unwilling to make a larger financial commitment.

OUR ALUMNAE

Typical dues for a Regional Only level team can range between \$1,300 - \$1,700 per player for the season.

VOLLEY-U Developmental Program (14 & under ONLY)
Designed for a beginner youth volleyball player seeking experience and development of her fundamentals through consistent training and inner squad scrimmages. She is serious about improving her game to compete for a position in middle/ high school. These levels are appropriate for the beginner or recreational player who is unable to commit to a formal tournament schedule but is focused and committed to training to improve their skill sets. Practices will take place 1 time weekly for a 10-12 week time span and will participate in select local scrimmages/ invitational events.

Typical dues for Developmental level team can range between \$500 - \$800 per player for the season.

NC Elite has a strong track record in the college recruiting department. The majority of our collegiate alumnae earned scholarships and are finding great success both in the classroom and on the court. NC Elite coaches are always willing to assist athletes and their families in the recruiting process, offering a recruiting clinic in the fall as well as guidance throughout the process.



NC ELITE VOLLEYBALL CLUB

www.ncelitevb.org

2011 AAU 16 Classic National Champions

Are you wondering how the powerhouse teams in the area develop such outstanding athletes when every high school has the same rules/regulations regarding practice?

- Do you want to train to stay competitive enough to be a four-year athlete in high school?
- Are you looking to earn more playing time on your current school team?
- Do you want to play beyond high school?
- Do you have what it takes to make a club team?
- Do you want to be part of the explosive growth of NC Elite Volleyball over the next two years?

LOCATION

Training and practices for our anticipated 18-22 teams will continue to take place inside NetSports. Our home has 4 permanent courts and a flex space which will enable us to cross train and offer a variety of value added programming for our student-athletes.

3717 Davis Drive, Morrisville, NC 27511
(Located inside NetSports)



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For **additional information**, check our website or contact Micholene Schumacher, Director of Operations at 336-583-5823 or email micholene@charter.net

NC Elite is a non-profit 501(c)3 Junior Olympic organization dedicated to the growth of volleyball in the Raleigh/Durham area.